

# **FREE BITESIZE MODULES OF A UNIVERSITY DEGREE**

**Upskill without the commitment of a  
full degree. Study in the evening.**



## **UNDERSTANDING PAIN & PSYCHOLOGY WITHIN A HEALTHCARE SETTING**

**Gain Insights into the Complexity of Pain  
and Apply Psychology in Healthcare**

## Unlock Your Potential with MAP

Discover the Modular Acceleration Programme (MAP) – a groundbreaking initiative offering free tuition for Higher Technical Qualifications (HTQs) at Levels 4 and 5. MAP provides a flexible and accessible pathway to gain valuable skills and qualifications in various occupational areas, empowering you to advance your career and achieve your goals.

**Deepen your understanding of pain and apply psychological principles to enhance patient care and staff well-being. Apply now and gain valuable insights for your healthcare career.**

## This is what you will study...

### UNDERSTANDING PAIN MODULE:

- Develop an understanding of the complexity of pain to aid practice
- Explore the biological mechanisms and psychological underpinnings of pain
- Gain insights into how an individual's pain impacts wider society
- Discuss pain management approaches
- Critically analyse biological and psychological mechanisms of pain

### PSYCHOLOGY WITHIN A HEALTHCARE SETTING MODULE:

- Explore key elements of psychology to enhance understanding of individual behaviour in the workplace
- Consider the impact of attitudes on patient health and care
- Identify personal attitudes towards health behaviours and understand maintenance and change processes
- Gain knowledge of organisational culture, leadership styles, teamwork, and quality improvement
- Develop skills in reviewing, selecting, and critically analysing data

**YOU DO NOT need English or Maths qualifications**  
**YOU CAN have an existing degree in any subject**  
**THIS CAN be used as CPD or to obtain credits towards a degree**

**Apply Now and Take the First Step Towards  
Enhancing Your Career**  
**Email: [headmissions@grimsby.ac.uk](mailto:headmissions@grimsby.ac.uk)**  
**or call: 0800 315002**